



Adagio International Rhythmic Gymnastics
Academy of Vancouver invites you to

MILLENNIUM CUP 2010

International Rhythmic Gymnastics Invitational

May 14th to May 16th, 2010

Dear Rhythmic Gymnastics Friends,

You are invited to take part in our 11th Annual **Millennium Cup International Invitational** in Vancouver, British Columbia, Canada. We feature some of Canada's top National Team Members and many upcoming talents in Individual and Group competition for All Levels.

Join the fun, excitement, challenge and friendship of this well established international event in Canada's most beautiful west coast city, Vancouver, host city for the upcoming 2010 Olympic Games. Hope to welcome you to our event!

Adrienne Arnold
Technical Director

Contact us by phone 1.604.261.2752
Contact us by e-mail clubadagio@shaw.ca

Millennium Cup 2010 International Rhythmic Gymnastics Invitational

Sponsored by Adagio International Rhythmic Gymnastics Academy of Vancouver

www.internationalrhythmics.com • www.clubadagio.com • clubadagio@shaw.ca • 604.261.2752



MILLENNIUM CUP 2010

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May 14th to May 16th, 2010 • Vancouver, Canada

Registration Deadlines

Registration Form & Fees
Scripts

Friday, March 19, 2010
Friday, April 30, 2010

Fees

Made payable to

Adagio Rhythmic Academy
5587 Olympic Street
Vancouver, BC V6N 1Z4
Canada

Amount

| | |
|--|--------------|
| Levels 2-10 (Individuals or members of a Group) | \$125.00 CAD |
| Level 1 | \$90.00 CAD |
| Pre Level 1B | \$90.00 CAD |
| Interclub 2 | \$90.00 CAD |
| Pre Level 1A | \$55.00 CAD |
| Interclub 1 | \$55.00 CAD |

- Delegations responsible for own airfare and accommodation.
- One judge requested per international team
- Web site information <http://www.internationalrhythmics.com> or <http://www.clubadagio.com>



Host Hotel

Holiday Inn Hotel & Suites
700 Old Lillooet Road
North Vancouver, BC V7J 2H5
Block registration under MCG

Direct phone 604.985.3111
Toll-free phone 1.877.985.3111
Monday to Friday, 8 am to 4 pm PST
Web site www.hinorthvancouver.ca
E-mail sales@hinorthvancouver.ca

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Competitive Categories

Canadian National and International FIG Categories

| | |
|---|--|
| Level 10 Junior & Seniors | National/International Team Members FIG Program |
| Level 9 Junior & Seniors | FIG Program |
| Level 8 Novice Age in 2010 (11-12yrs) | Free + 3 of Any Apparatus Note: Canadian Apparatus Rope, Hoop, Ball |
| Level 7 Pre Novice Age in 2010 (8-10 yrs) | Free, +2 Apparatus Note: Canadian Apparatus Rope and Ball |

Groups

| | |
|---------------------------------|--------------------------------------|
| Senior - Group | F.I.G. 2 Routines |
| Junior - Group, Duo or Trio | Hoops and/or Ribbons 1 or 2 Routines |
| Novice - Group, Duo or Trio | Ropes |
| Pre Novice - Group, Duo or Trio | Hoops |

Canadian Provincial Level Program (Rules available upon request)

| | |
|-----------------------|---|
| Provincial Seniors | Any 3 routines including Free (16+ years) |
| Provincial Juniors | Any 3 routines including Free (13-15 years) |
| Provincial Novices | Any 3 routines including Free (11-12 years) |
| Provincial Pre Novice | Any 3 routines including Free (8-10 years) |

British Columbia Development Levels (Rules available upon request)

| | |
|---------------------------|--|
| Level 3, Level 2, Level 1 | Age Categories 9-10, 11-12, 13-15, 16+ |
| Interclub | Same Age Categories |
| Pre Level 1 | Age Category 6-8 years only |
| Provincial Groups | Open apparatus for each Level |

Awards

Millennium Cup Team Trophy

Top accumulated All Around Score for the top 3 athletes from each club/team.

Individual Trophies

Awarded to the top All Around scorer in each Individual Level and awarded to the top Group per FIG International Category.

Medals

1-10 All Around; 1-3 per event in each category for Individual
1-3 Groups in each Level

Ribbons

4-10 in each event for each category

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PAYABLE TO AND RETURN TO

Adagio Rhythmic Academy

5587 Olympic Street

Vancouver, BC

V6N 1Z4

or e-mail to clubadagio@shaw.ca

REGISTRATION DEADLINE Fees and Registration Forms must be received on or before Friday March 19th, 2010

Team name _____ Country _____
 Coach _____ Contact phone _____
 Judge _____ Contact e-mail _____

Individual Gymnasts

| NAME | LEVEL | BIRTHDATE (YY/MM/DD) | APPARATUS | REG. FEE AMOUNT |
|------|-------|-------------------------|-----------|--------------------|
| | | | | \$ |
| | | | | \$ |
| | | | | \$ |
| | | | | \$ |
| | | | | \$ |
| | | | | \$ |
| | | | | \$ |

Group Gymnasts

| NAMES | AGE LEVEL OF GROUP | BIRTHDATES (YY/MM/DD) | APPARATUS | REG. FEE AMOUNT |
|-------|-----------------------|--------------------------|-----------|--------------------|
| | | | | \$ |
| | | | | \$ |
| | | | | \$ |
| | | | | \$ |
| | | | | \$ |

Other

Banquet Tickets

Tickets \$30.00 each # _____ = \$ _____

Event T-Shirts

Size 6 - 8 yrs _____ At \$30.00 each = \$ _____

Size 10-12 yrs _____ At \$30.00 each = \$ _____

Size 14-16 yrs _____ At \$30.00 each = \$ _____

Registration Fees Total Amount \$ _____

Banquet Tickets Total Amount \$ _____

T-Shirt Order Total Amount \$ _____

Grand Total Amount Enclosed: \$ _____

For Office Use Only

| TOTAL GYMNASTS | REG. FEES RECD | TOTAL T-SHIRT RECD | TOTAL BANQ. RECD | TOTAL COACHES | TOTAL JUDGE |
|----------------|----------------|--------------------|------------------|---------------|-------------|
| | | | | | |

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